



Prayer Guide for Mr Demo

You will never rise above your prayer life

Friday 23rd of September 2011

Use this prayer guide during your prayer time to seek His plans & let Him lead. Ask Jesus about your goals, vision & mission. Modify them as needed.

Prayer is hearing God`s heart, then praying for it. It`s not a shopping list, it`s about fulfilling His kingdom on earth.

Jointly (with Jesus) plan activities that support your goals. Involve your wife at least weekly. Pray for the lost, pray the armor of God, pray the Lord`s Prayer, pray the scripture, and most of all listen for the encouragement of the Holy Spirit.

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Life Plan for Mr Demo

Vision

To bring my family and work colleagues to Jesus

Mission

To serve others using my gifts of server, music, handyman, and gardening, in such a way as to lead 15 work colleagues to christ, walk in peace daily, be more in love than when we first met, to be friends with my son or daughter, and senior air traffic controller at atlanta airport; daily living out my passions of peace, family, and courage.

Key Promises

- Who has trouble? Who has pain? Who fights? Who complains? Who has unnecessary bruises? Who has bloodshot eyes? It is people who drink too much wine, who try out all different kinds of strong drinks. Proverbs 23:29-30

Career Plan

Personalized Job Match Factor	Job Description	Interest / Skill & Ability Fit Factor	Education Requirement	Projected Ten Year Demand (1000s)	Average US Salary
4 stars	Postal Service Mail Carriers	91 / 84	Short-term on-the-job training	107	50,250
3 stars	Dental Hygienists	81 / 50	Associate degree	98	68,520

Soulprint

Personality
Passions

Gifts & Talents
Pitfalls

C: 78, S: 56, D: 40, I: 27
Children, Courage, Equality, Family, Friends - long term, Integrity, Peace, Respect
Server
Alcohol

Goals

Immediate Goals: Pray Weekly

Number/Category	Goal
1. Spiritual	Agree how/where to serve with my wife
2. Personal	OYC with my children
3. Personal	To respect & encourage others in all interactions
4. Physical	Join AA



5. Family (Wife)	Pray for my wife twice a week
6. Family (Children)	To have first child
7. Career	Get a job delivering mail
8. Financial	Set a budget

1 Year: Pray Monthly

Number/Category	Goal
9. Spiritual	Consistently attend church
10. Personal	Study Integrity
11. Physical	Be alcohol free for six months
12. Family (Wife)	Speak words of blessing
13. Family (Children)	To have established new routine
14. Career	Go back to school to learn dental hygiene
15. Financial	To have lived within budget for most of the year

5 Year: Pray Every 3 Months

Number/Category	Goal
16. Spiritual	Establish family goals & live them
17. Spiritual	To lead 5 work colleagues to Christ
18. Personal	Live out the Armor of God
19. Physical	Exercise 3times a week
20. Family (Wife)	Write letters of blessing regularly
21. Family (Children)	To have trained my son or daughter in love & discipline
22. Career	Be in a dental hygiene job
23. Financial	To be out of debt

10 Year: Pray Every 6 Months

Number/Category	Goal
24. Spiritual	Lead AA small groups
25. Spiritual	To lead 15 work colleagues to Christ
26. Personal	Walk in peace daily
27. Physical	Be healthy & fit



28. Family (Wife)	Be more in love than when we first met
29. Family (Children)	To be friends with my son or daughter
30. Career	Be a senior dental hygienist
31. Financial	To have paid off house



The Lord’s Prayer Outline

1. Our Father in heaven

- Picture Calvary and thank God that you can call Him “Father” by virtue of the blood of Jesus.

2. Hallowed be Your name

- Praise God for Who He is and for what He has done for us.
- Hallow the names of God corresponding to the five benefits in the new covenant.

Benefit	Name	Meaning
Forgiveness	Jehovah-Tsidkenu	Jehovah our righteousness
Forgiveness	Jehovah-M’dadesh	Jehovah Who sanctifies
Spirit	Jehovah-Shalom	Jehovah is our peace
Spirit	Jehovah-Shammah	Jehovah is there
Soundness	Jehovah Rophe	Jehovah heals
Success	Jehovah Jireh	Jehovah’s provision shall be seen
Security	Jehovah Nissi	Jehovah my banner
Security	Jehovah Rohi	Jehovah my shepherd

3. Your kingdom come, Your will be done on earth as it is in heaven

- Yourself and your family (wife, children, extended family members).
- Your church (pastor, leadership, faithfulness of people, harvest of souls).
- Your nation (city, state and national political and spiritual leaders, harvest of souls).
- Pray for the peace of Jerusalem (Ps. 122:6).
- 1 Chron 4:9 Now Jabez was more honorable than his brothers, and his mother called his name Jabez, saying, “Because I bore him in pain.” 10 And Jabez called on the God of Israel saying, “Oh, that You would bless me indeed, and enlarge my territory, that Your hand would be with me, and that You would keep me from evil, that I may not cause pain!” So God granted him what he requested.

4. Give us today our daily bread

- Be in the will of God (prayer life, church, work habits, obedience in giving).
- Believe it is God’s will to prosper you.
- Be specific and tenacious.
- Call forth multiplication on finances (check your motive).

5. And forgive us our debts, as we also have forgiven our debtors.



- Ask God to forgive you.
- Forgive and release others - set your will to forgive those who sin against you.

6. And lead us not into temptation, but deliver us from the evil one

- Put on the whole armor of God (Put on the Lord Jesus Christ - Ephesians 6:10-18)
 - Loins girded about with TRUTH
 - Breastplate of RIGHTEOUSNESS
 - Feet shod with the PREPARATION (READINESS) OF THE GOSPEL OF PEACE
 - Shield of FAITH
 - Helmet of SALVATION
 - Sword of the Spirit, which is the WORD OF GOD
- Pray a hedge of protection around yourself and your family. (The Lord is your refuge, your fortress, your God - Psalm 91:2)
 - Because you have made the Lord your habitation
 - Because you have set your love upon Him
 - Because you have known His name
- Pray that you will have the strength & wits to make it through everything thats coming and end up on your feet before the Son of Man (Luke 21:36)

7. For Yours is the kingdom, the power and the glory forever & ever

- Make faith declarations, be bold in faith - God hears and answers prayer (John 5:14-15).
- Specific items: Increase
- Return to praise.



Eph 6 - The Armor of God

10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God so that you can take your stand against the devils schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

14 Stand firm then, with the belt of truth buckled around your waist

- Psa 51:6 Surely you desire truth in the inner most parts; You teach me wisdom in the inmost place.
- John 8: 32 Then you will know the truth, and the truth will set you free."
- Lord - show me any tension in my heart towards others. Give me compassion and love and mercy.

with the breastplate of righteousness in place

1. The Position that the Breastplate brings between me and the Father
 - By faith in the finished work of Jesus Christ, I receive the free gift of righteousness & sonship that Jesus paid for me.
 - I renounce striving to earn your approval off of my life and I receive your approval as a gift.
 - Thank you that I am invited into your presence through the blood of Jesus.
2. My Emotions
 - Holy Spirit, I ask you to sink this gift of righteousness deep inside me until it fits perfectly and I come to a state of complete rest.
 - Holy Spirit, please fill my emotional cup with the Father's acceptance of me, the Father's delight in me.
 - Eph 1:5 he predestined us to be adopted as his sons through Jesus Christ, in accordance with his pleasure and will
 - Prov 3:12 because the LORD disciplines those he loves, as a father the son he delights in.
 - Holy Spirit, make me secure in my core of my identity as your son.
3. The Issue of Obedience
 - I ask you to fill me with the nature of God to want to do right and walk in the Spirit today & all my life and to focus on leading the lost to you.
 - Free me from independence, self-righteousness and the pride of life (spiritual pride). Teach me to hate evil & love truth - to love what you love and hate what you hate. Free me from seeking glory.
 - Give me eyes to see life and death and the power to choose life.
4. My Relationships with Others
 - Holy Spirit, give me a heart to bless & serve as a secure son of the King.
 - Set me free from wanting people to like me, impress others and earn their approval.
 - Give me freedom from accusation, judging, criticizing or being criticized.

15 and with your feet fitted with the readiness that comes from the gospel of peace.

- I will please you and seek to serve you & your people as your Spirit leads me. Holy Spirit - show



me how to prepare for your mission for today.

- Every year of my life I will disciple & bring more people to Jesus at a peaceful pace. I seek to be productive & peaceful through submission of my schedule, finances, & life maintenance.

16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.

- I take up the shield of faith, canceling every demonic assignment against me & my family. I cover my family & I with the blood of Jesus, claiming every protection & benefit available under the new covenant.
- Jesus, I claim I will have a heart to serve you & your family all the days of my life. I claim I will grow more tender, teachable, humble & more passionate towards you & your family the older I get. Please bless my wife, children, finances & health. Bless me Father.

17 Take the helmet of salvation

- Holy Spirit, place on my head the helmet of salvation – the protection of honor. Give me wisdom, alertness and humor. Let my fear of the Lord increase. Keep my mind from wanting & from pride.

and the sword of the Spirit, which is the word of God.

- I take up the sword of the Spirit, which is the rhema of God. In the name of Jesus, the Lord would say to you, “My Son...”
- Lord – give me a word of encouragement for my wife & children.

18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.



Great Commission Prayer List

2 Cor 5:11 Since, then, we know what it is to fear the Lord, we try to persuade men. What we are is plain to God, and I hope it is also plain to your conscience.

Sunday

Pray for your wife:

- Alice

Monday

Pray over family members who are NOT strong Christians:

- Fred, Joe

Tuesday

Pray over co-workers who are NOT strong Christians:

- John, Jorge

Wednesday

Pray over church visitors/ neighbors who are NOT strong Christians:

- Steve

Thursday

Pray over friends/ acquaintances who are NOT strong Christians:

- Ian, Jeff

Friday

Pray over OLD friends with whom you have lost contact who are NOT strong Christians:

- Paul, Lee

Saturday

Pray for your children:

- Sally, Mary



Isaiah 43

5 Do not be afraid, for I am with you; I will bring your children from the east and gather you from the west.

6 I will say to the north, "Give them up!" and to the south, "Do not hold them back." Bring my sons from afar and my daughters from the ends of the earth-

7 everyone who is called by my name, whom I created for my glory, whom I formed and made."

Prayer outline:

1. Prince of [N, E, W, S] to let them go
 - N: Pride
 - E: Mysticism
 - W: Materialism
 - S: Sexual
2. Ask Holy Spirit to draw them
3. Release angels to guide & keep them safe
4. Faith statement (what does the Lord want as the outcome)



Blood of Jesus

A release of the Holy Spirit

Lev 14:14 The priest is to take some of the blood of the guilt offering and put it on the lobe of the right ear of the one to be cleansed, on the thumb of his right hand and on the big toe of his right foot. 15 The priest shall then take some of the log of oil, pour it in the palm of his own left hand, 16 dip his right forefinger into the oil in his palm, and with his finger sprinkle some of it before the LORD seven times. 17 The priest is to put some of the oil remaining in his palm on the lobe of the right ear of the one to be cleansed, on the thumb of his right hand and on the big toe of his right foot, on top of the blood of the guilt offering. 18 The rest of the oil in his palm the priest shall put on the head of the one to be cleansed and make atonement for him before the LORD.

Draw near

Eph 2:13 But now in Christ Jesus you who once were far away have been brought near through the blood of Christ.

Justified

Rom 5:9 Since we have now been justified by his blood, how much more shall we be saved from God`s wrath through him!

Ongoing cleansing

1 Jn 1:7 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.

Peace

Col 1:20b by making peace through his blood, shed on the cross.

Redemption, Grace, Wisdom & Understanding

Eph 1:7 In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God`s grace 8that he lavished on us with all wisdom and understanding.

Protection of children

Heb 11:28 By faith he kept the Passover and the sprinkling of blood, so that the destroyer of the firstborn would not touch the firstborn of Israel.

Confidence to enter the Holy of Holies

Heb 10:19 Therefore, brothers, since we have confidence to enter the Most Holy Place by the blood of Jesus

Power over Satan

Rev 12:11 They overcame him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death.



Health Check

1. Is Jesus Lord? (what about love of money, love of the world etc)
2. Am I listening to the Spirit & doing what He says?
3. What are the motives of my heart?
4. Am I using my influence for personal gain or to make Christ known?
5. Am I focused on the here-and-now or on eternity?
6. Am I reading my Bible and praying everyday?
7. Am I exercising regularly?
8. Do I really have to travel so much?
9. Am I spending quality time with my wife?
10. How much time am I spending with my children?
11. How much time am I spending with my church family?
12. Do I pray for my employees; regularly?

Test Yourself

II Cor. 13:5 Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you—unless, of course, you fail the test?

Do I agree with these statements:

1. Apart from Jesus I am helpless, hopeless & useless
2. The most powerful prayer in any tension - "Lord show me the ugly motives of my heart"
3. If I get what I want - - - - It NEVER satisfies
4. When someone asks me why I think I am going to heaven I never give a PAST TENSE answer.
5. Jesus is my ONLY Passion and the ONLY purpose for my life! Is. 61:10
 - Mat 7:20 Thus, by their fruit you will recognize them. 21 "Not everyone who says to me, "Lord, Lord," will enter the kingdom of heaven, but only he who does the will of my Father who is in heaven. 22 Many will say to me on that day, "Lord, Lord, did we not prophesy in your name, and in your name drive out demons and perform many miracles?" 23 Then I will tell them plainly, "I never knew you. Away from me, you evildoers!"
6. I am serving my church family well
7. I know the Holy Spirit, I am continually filled with the Spirit, I walk in the Spirit



Psalm 23 (KJV 1900)

A Psalm of David.

¹The Lord is my shepherd; I shall not want.

²He maketh me to lie down in green pastures: He leadeth me beside the still waters.

³He restoreth my soul: He leadeth me in the paths of righteousness for his name's sake.

⁴Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; Thy rod and thy staff they comfort me.

⁵Thou preparest a table before me in the presence of mine enemies: Thou anointest my head with oil; my cup runneth over.

⁶Surely goodness and mercy shall follow me all the days of my life: And I will dwell in the house of the Lord for ever.



Isaiah 61 (KJV 1900)

¹The Spirit of the Lord God is upon me; Because the Lord hath anointed me to preach good tidings unto the meek; He hath sent me to bind up the brokenhearted, To proclaim liberty to the captives, And the opening of the prison to them that are bound;

²To proclaim the acceptable year of the Lord, And the day of vengeance of our God; To comfort all that mourn;

³To appoint unto them that mourn in Zion, To give unto them beauty for ashes, The oil of joy for mourning, The garment of praise for the spirit of heaviness; That they might be called trees of righteousness, The planting of the Lord, that he might be glorified.

⁴And they shall build the old wastes, They shall raise up the former desolations, And they shall repair the waste cities, The desolations of many generations.

⁵And strangers shall stand and feed your flocks, And the sons of the alien shall be your plowmen and your vinedressers.

⁶But ye shall be named the Priests of the Lord: Men shall call you the Ministers of our God: Ye shall eat the riches of the Gentiles, And in their glory shall ye boast yourselves.

⁷For your shame ye shall have double; And for confusion they shall rejoice in their portion: Therefore in their land they shall possess the double: Everlasting joy shall be unto them.

⁸For I the Lord love judgment, I hate robbery for burnt offering; And I will direct their work in truth, And I will make an everlasting covenant with them.

⁹And their seed shall be known among the Gentiles, And their offspring among the people: All that see them shall acknowledge them, That they are the seed which the Lord hath blessed.

¹⁰I will greatly rejoice in the Lord, My soul shall be joyful in my God; For he hath clothed me with the garments of salvation, He hath covered me with the robe of righteousness, As a bridegroom decketh himself with ornaments, And as a bride adorneth herself with her jewels.

¹¹For as the earth bringeth forth her bud, And as the garden causeth the things that are sown in it to spring forth; So the Lord God will cause righteousness and praise to spring forth Before all the nations.



Philippians 4 (KJV 1900)

¹Therefore, my brethren dearly beloved and longed for, my joy and crown, so stand fast in the Lord, my dearly beloved.

²I beseech Euodias, and beseech Syntyche, that they be of the same mind in the Lord.

³And I intreat thee also, true yokefellow, help those women which laboured with me in the gospel, with Clement also, and with other my fellowlabourers, whose names are in the book of life.

⁴Rejoice in the Lord alway: and again I say, Rejoice.

⁵Let your moderation be known unto all men. The Lord is at hand.

⁶Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

⁷And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

⁸Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

⁹Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

¹⁰But I rejoiced in the Lord greatly, that now at the last your care of me hath flourished again; wherein ye were also careful, but ye lacked opportunity.

¹¹Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content.

¹²I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need.

¹³I can do all things through Christ which strengtheneth me.

¹⁴Notwithstanding ye have well done, that ye did communicate with my affliction.

¹⁵Now ye Philippians know also, that in the beginning of the gospel, when I departed from Macedonia, no church communicated with me as concerning giving and receiving, but ye only.

¹⁶For even in Thessalonica ye sent once and again unto my necessity.

¹⁷Not because I desire a gift: but I desire fruit that may abound to your account.

¹⁸But I have all, and abound: I am full, having received of Epaphroditus the things which were sent from



you, an odour of a sweet smell, a sacrifice acceptable, wellpleasing to God.

¹⁹ But my God shall supply all your need according to his riches in glory by Christ Jesus.

²⁰ Now unto God and our Father be glory for ever and ever. Amen.

²¹ Salute every saint in Christ Jesus. The brethren which are with me greet you.

²² All the saints salute you, chiefly they that are of Caesar's household.

²³ The grace of our Lord Jesus Christ be with you all. Amen. It was written to the Philippians from Rome by Epaphroditus.